

Clarity for the decisions that shape a career and a life.

I work with executives, senior leaders, and experienced professionals facing decisions that cannot be solved by working harder, thinking longer, or carrying the pressure alone.

WHO THIS IS FOR

People already carrying real responsibility, and facing something that cannot simply be waited out.

- A significant transition or unexpected change
- Leadership pressure that has become difficult to carry alone
- A consequential decision with no obvious right answer
- Questions of identity beyond role or title
- A sense that something must change, without knowing what

LIVING WITH CLARITY™

Living with Clarity™ is the methodology guiding the work. It is not a script or fixed sequence. It is a disciplined way of helping you:

See clearly: what is actually happening

Choose intentionally: what matters and what you can stand behind

Act with integrity: in a way that reflects who you are and how you want to lead

The focus may be a decision, a transition, a recurring pattern, or a question of identity. The methodology stays constant. What it is applied to does not.

WHAT MAY CHANGE

The work may lead to:

- A decision that has been delayed
- A clearer understanding of what is no longer sustainable
- A more deliberate way of leading under pressure
- A stronger sense of identity beyond role or title
- A new direction, or a clearer reason to remain where you are

The goal is not certainty. It is clarity sufficient to act.

HOW THE WORK TAKES SHAPE

Coaching is delivered mainly through private virtual sessions over an agreed period. We focus on the decisions, pressures, or transitions in front of you and adjust the pace and length of the engagement as the work develops. There is no fixed curriculum. The Living with Clarity™ methodology provides the structure.

My approach draws on more than 30 years of leadership, facilitation, and executive development experience, including senior leadership in a global organization and certification as an EQ-i 2.0 practitioner.

BEGIN WITH A CLARITY CONVERSATION

A complimentary 30-minute conversation to explore what is bringing you here and whether the work is the right fit. It is not a sales call and not the start of coaching.

**BOOK A CLARITY
CONVERSATION**